

**What is claimed is:**

1. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a processed plant solid to a water-soluble pharmaceutical auxiliary, wherein the weight/weight% ratio ranges from about 1:0.01 to about 1:100, and wherein the water-soluble pharmaceutical auxiliary has a weighted average molecular weight ranging from about 1,000 to about 30,000 Dalton.

2. The substantially dry mixture of claim 1, wherein the weight/weight% ratio of the processed plant solid to the water-soluble pharmaceutical auxiliary ranges from about 1:10 to about 1:40.

3. The substantially dry mixture of claim 1, wherein the processed plant solid comprises processed Aloe vera solid.

4. The substantially dry mixture of claim 3, wherein the processed Aloe vera solid comprises more than about 50 percent of water-soluble complex carbohydrate.

5. The substantially dry mixture of claim 3, wherein the processed Aloe vera solid comprises less than about 50 percent of water-soluble complex carbohydrate.

6. The substantially dry mixture of claim 1, wherein the water-soluble pharmaceutical auxiliary comprises polyvinylpyrrolidone having a weighted average molecular weight ranging from about 1,000 to about 20,000 Dalton.

7. The substantially dry mixture of claim 1, wherein the water-soluble pharmaceutical auxiliary comprises: carboxymethyl cellulose, microcrystalline cellulose, ammonium lauryl sulfate, magnesium stearate, or a mixture thereof.

8. The substantially dry mixture of claim 1 further comprising a simple sugar, a starch, or a mixture thereof.
9. The substantially dry mixture of claim 8, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.
10. The substantially dry mixture of claim 8, wherein the starch comprises maltodextran, corn starch, rice flour, amylose, or a mixture thereof.
11. The substantially dry mixture of claim 1, wherein the substantially dry mixture is in the form of a powder suitable for constituting with water, carbonated or uncarbonated, to form a final drink.
12. The substantially dry mixture of claim 1, wherein the substantially dry mixture is in the form of a tablet or capsule.
13. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid to a water-soluble pharmaceutical auxiliary, wherein the weight/weight% ratio ranges from about 1:0.01 to about 1:100, and wherein the water-soluble pharmaceutical auxiliary has a weighted average molecular weight ranging from about 1,000 to about 30,000 Dalton.
14. The substantially dry mixture of claim 13, wherein the weight/weight% ratio of the Aloe vera solid to the water-soluble pharmaceutical auxiliary ranges from about 1:10 to about 1:40.
15. The substantially dry mixture of claim 13, wherein the water-soluble pharmaceutical auxiliary comprises polyvinylpyrrolidone having a weighted average molecular weight ranging from about 1,000 to about 20,000 Dalton.
16. The substantially dry mixture of claim 13, wherein the water-soluble pharmaceutical auxiliary comprises carboxymethyl cellulose,

microcrystalline cellulose, ammonium lauryl sulfate, magnesium stearate, or a mixture thereof.

17. The substantially dry mixture of claim 13 further comprising a simple sugar, a starch, or a mixture thereof.

18. The substantially dry mixture of claim 13, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.

19. The substantially dry mixture of claim 13, wherein the starch comprises maltodextran, corn starch, rice flour, amylose, or a mixture thereof.

20. The substantially dry mixture of claim 13, wherein the substantially dry mixture is in the form of a powder suitable for constituting with water, carbonated or uncarbonated, to form a final beverage.

21. The substantially dry mixture of claim 13, wherein the substantially dry mixture is in the form of a tablet or capsule.

22. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid to a water-soluble pharmaceutical auxiliary to starch, wherein the weight/weight% ratio ranges from about 1:10:5 to about 1:40:20, and wherein the water-soluble pharmaceutical auxiliary has a weighted average molecular weight ranging from about 1,000 to about 30,000 Dalton.

23. The substantially dry mixture of claim 22, wherein the water-soluble pharmaceutical auxiliary comprises carboxymethyl cellulose, microcrystalline cellulose, ammonium lauryl sulfate, magnesium stearate, or a mixture thereof.

24. The substantially dry mixture of claim 22, wherein the starch comprises maltodextran.

25. The substantially dry mixture of claim 22, wherein the starch comprises corn starch, rice flour, amylose, or a mixture thereof.

26. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid to a water-soluble pharmaceutical auxiliary to simple sugar, wherein the weight/weight% ratio ranges from about 1:10:5 to about 1:40:20, and wherein the water-soluble pharmaceutical auxiliary has a weighted average molecular weight ranging from about 1,000 to about 30,000 Dalton.

27. The substantially dry mixture of claim 26, wherein the water-soluble pharmaceutical auxiliary comprises carboxymethyl cellulose, microcrystalline cellulose, ammonium lauryl sulfate, magnesium stearate, or a mixture thereof.

28. The substantially dry mixture of claim 26, wherein the simple sugar comprises fructose.

29. The substantially dry mixture of claim 26, wherein the simple sugar comprises sucrose, lactose, glucose, or a mixture thereof.

30. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid having complex carbohydrate to a polyvinylpyrrolidone, wherein the weight/weight% ratio ranges from about 1:0.01 to about 1:100, and wherein the polyvinylpyrrolidone has a molecular weight ranging from about 1,000 to about 30,000 Dalton.

31. The substantially dry mixture of claim 30, wherein the weight/weight% ratio of the Aloe vera solid having complex carbohydrate to the polyvinylpyrrolidone ranges from about 1:5 to about 1:40.

32. The substantially dry mixture of claim 30, wherein the processed Aloe vera solid comprises more than about 50 percent of water-soluble complex carbohydrate.

33. The concentrate dry mixture of claim 30, wherein the processed Aloe vera solid comprises less than about 50 percent of water-soluble complex carbohydrate.

34. The substantially dry mixture of claim 30 further comprising a simple sugar, a starch, or a mixture thereof.

35. The substantially dry mixture of claim 34, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.

36. The substantially dry mixture of claim 34, wherein the starch comprises maltodextran, corn starch, rice flour, amylose, or a mixture thereof.

37. The substantially dry mixture of claim 30, wherein the substantially dry mixture is in the form of a powder suitable for constituting with water, carbonated or uncarbonated, to form a final drink.

38. The substantially dry mixture of claim 30, wherein the substantially dry mixture is in the form of a tablet or capsule.

39. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid having complex carbohydrate to a polyvinylpyrrolidone to maltodextran, wherein the weight/weight% ratio ranges from about 1:10:5 to about 1:40:20, and wherein the polyvinylpyrrolidone has a molecular weight ranging from about 1,000 to about 30,000 Dalton.

40. The substantially dry mixture of claim 39, wherein the processed Aloe vera solid comprises more than about 50 percent of water-soluble complex carbohydrate

41. The concentrate dry mixture of claim 39, wherein the processed Aloe vera solid comprises less than about 50 percent of water-soluble complex carbohydrate.

42. The substantially dry mixture of claim 39 further comprising a simple sugar, a starch, or a mixture thereof.

43. The substantially dry mixture of claim 42, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.

44. The substantially dry mixture of claim 42, wherein the starch comprises corn starch, rice flour, amylose, or a mixture thereof.

45. The substantially dry mixture of claim 39, wherein the substantially dry mixture is in the form of a powder suitable for constituting with water, carbonated or uncarbonated, to form a final drink.

46. The substantially dry mixture of claim 39, wherein the substantially dry mixture is in the form of a tablet or capsule.

47. A substantially dry mixture dispersible in water comprising: a weight/weight% ratio of a Aloe vera solid having complex carbohydrate to a polyvinylpyrrolidone to a maltodextran to a fructose, wherein the weight/weight% ratio ranges from about 1:10:5:2 to about 1:40:20:10, and wherein the polyvinylpyrrolidone has a molecular weight ranging from about 1,000 to about 30,000 Dalton.

48. The substantially dry mixture of claim 49, wherein the weight/weight% ratio of the Aloe vera solid having complex carbohydrate to the polyvinylpyrrolidone to the maltodextran to the fructose is ranges from about 1:10:5:10.

49. The substantially dry mixture of claim 49, wherein the processed Aloe vera solid comprises more than about 50 percent of water-soluble complex carbohydrate.

50. The concentrate dry mixture of claim 49, wherein the processed Aloe vera solid comprises less than about 50 percent of water-soluble complex carbohydrate.

51. The substantially dry mixture of claim 49, wherein the substantially dry mixture is in the form of a powder suitable for constituting with water, carbonated or uncarbonated, to form a final drink.

52. The substantially dry mixture of claim 49, wherein the substantially dry mixture is in the form of a tablet or capsule.

53. A method for dispersing in water a complex carbohydrate derived from a processed plant, the method comprising:

- (a) mixing the complex carbohydrate derived from the processed plant with a water-soluble pharmaceutical auxiliary to give a mixture, and wherein the water-soluble pharmaceutical auxiliary has a weighted average molecular weight ranging from about 1,000 to about 30,000 Dalton.
- (b) adding water to the mixture.

54. The method of claim 53, wherein the processed plant is a processed Aloe vera plant.

55. The method of claim 53, wherein the water-soluble pharmaceutical auxiliary comprises polyvinylpyrrolidone having a weighted average molecular weight ranging from about 1,000 to about 20,000 Dalton.

56. The method of claim 53, wherein the water-soluble pharmaceutical auxiliary comprises carboxymethyl cellulose, microcrystalline cellulose, ammonium lauryl sulfate, magnesium stearate, or a mixture thereof.

57. The method of claim 53 further comprising adding to the mixture a simple sugar, a starch, or a mixture thereof.

58. The method of claim 57, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.

59. The method of claim 57, wherein the starch comprises maltodextran, corn starch, rice flour, amylose, or a mixture thereof.

60. A method for dispersing in water a processed Aloe vera solid having less than about 50 percent of water-soluble complex carbohydrate, the method comprising:

- (a) mixing the processed Aloe vera solid having less than about 50 percent of water-soluble complex carbohydrate with a starch to give a mixture; and
- (b) adding water to the mixture.

61. The method of claim 60, wherein the starch comprises maltodextran, corn starch, rice flour, amylose, or a mixture thereof

62. The method of claim 60 further comprising adding a simple sugar to the mixture.

63. The method of claim 60, wherein the simple sugar comprises fructose, sucrose, lactose, glucose, or a mixture thereof.